



Get Ready for your High School Swim Season with

X-Cel's High School Warm-Up Program

Space is limited so sign up today!

Registration will be filled on a first come, first served basis.

X-Cel Swimming is once again offering a Fall warm-up program for high school swimmers. This program is open to all local area high school swimmers. The program will be supervised and conducted by Si Pei Le (Coach Lucy), Head Coach of X-Cel Swimming, and Coach Denny Atkinson.

Dates: September 12th – November 3th (8 weeks)

Days/Time: Monday, Tuesday & Thursday
8:15-9:45PM

Location: DeNunzio Pool at Princeton University

Fee: \$758

To register go to www.xcelswimming.org and click on the "Team Information" button on the left. Click on the "Registration, Medical, and Parent Responsibility Form" link to download the form, sign and return it with full payment (make checks payable to ...).

Questions regarding the program can be emailed to headcoach@xcelswimming.org. A member of the X-Cel management team will respond to your inquires. Please make sure to include your phone number if you wish to speak with us directly.

Registration: Mail completed forms along with payment to:
X-Cel Swimming – Fall HS Warm-up Program
P.O.Box 3141
Princeton, NJ 08543

For more information about X-Cel Swimming go to www.xcelswimming.org.
